

**Challenging Lifestyles Winter Course****Dinner served at 6 PM**

February 16	How To Find the Secret of Happiness
February 23	How To Change the World Around You
March 2	How To Understand the Old Testament
March 9	How To Handle Anger
March 16	How To Approach Sex in the 21 <sup>ST</sup> Century
March 23	How To Respond to Divorce
March 30	How To Live and Act With Integrity
April 6	How To Respond To Difficult People
April 13	How To Handle Conflict
April 20	How To Become A Generous Giver